

Elderplan, Inc.
Clinical Guidelines Approved by Clinical Practice Committee

Clinical Guidelines	Committee Review Date	Source
Atrial Fibrillation	12/16/25	ACC/AHA/ACCP/HRS. (2023). Guideline for the Diagnosis and Management of Atrial Fibrillation: A Report of the American College of Cardiology/American Heart Association Joint Committee on Clinical Practice Guidelines. https://www.ahajournals.org/doi/epdf/10.1161/CIR.0000000000001193
Breast Cancer	12/16/25	U.S. Preventive Services Taskforce. (2024). Recommendation: Breast Cancer Screening. https://www.uspreventiveservicestaskforce.org/uspstf/recommendation/breast-cancer-screening#fullrecommendationstart
CAD	12/16/25	ACC/AHA. (2019). Guideline on the Primary Prevention of Cardiovascular Disease: Executive Summary.
CAD	12/16/25	2025 AHA/ACC Clinical Performance and Quality Measures for Patients With Chronic Coronary Disease: A Report of the American College of Cardiology/American Heart Association Joint Committee on Performance Measures https://www.ahajournals.org/doi/full/10.1161/HCQ.000000000000141
Chest Pain/MI	12/16/25	AHA/ACC/ASE/CHEST/SAEM/SCCT/SCMR. (2021). Guideline for the Evaluation and Diagnosis of Chest Pain: A Report of the American College of Cardiology/American Heart Association Joint Committee on Clinical Practice Guidelines. https://www.ahajournals.org/doi/10.1161/CIR.0000000000001029
CHF	12/16/25	ACC/AHA/HFSA. (2022). Guideline for the Management of Heart Failure.

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Colon Screening	12/16/25	U.S. Preventive Services Task Force. (2021). Screening for Colorectal Cancer: Recommendation Statement. <i>JAMA</i> , 25 (19): 1965-1977.
COPD	12/16/25	2024 GOLD Report - Global Initiative for Chronic Obstructive Lung Disease - GOLD
Diabetes	12/16/25	ADA. (2024). Professional Practice Committee; Introduction and Methodology: Standards of Care in Diabetes. <i>Diabetes Care</i> 1, 47 (Supplement 1): S1–S4. https://doi.org/10.2337/dc24-SINT
Falls	12/16/25	CDC. (2024). STEADI: Clinical Resources. https://www.cdc.gov/steady/hcp/clinical-resources/index.html
High Blood Pressure	12/16/25	AHA/ACC/AANP/AAPA/ABC/ACCP/ACPM/AGS/AMA/ASPC/NMA/PCNA/SGIM Guideline for the Prevention, Detection, Evaluation and Management of High Blood Pressure in Adults: A Report of the American College of Cardiology/American Heart Association Joint Committee on Clinical Practice Guidelines (2025). https://www.ahajournals.org/doi/10.1161/CIR.0000000000001356
Hyperlipidemia	12/16/25	ACC/AHA. (2020). Lipid Guidelines: Personalized Care to Prevent Cardiovascular Disease. <i>Cleveland Clinic Journal of Medicine</i> .
Osteoporosis Management	12/16/25	Screening for Osteoporosis to Prevent Fractures US Preventive Services Task Force Recommendation Statement <i>JAMA</i> . doi:10.1001/jama.2024.27154. Published online January 14, 2025. https://www.uspreventiveservicestaskforce.org/uspstf/recommendation/osteoporosis-screening#fullrecommendationstart
	12/16/25	Osteoporosis Treatment (July 2023). Updated Guidelines From ACOG https://www.aafp.org/pubs/afp/issues/2023/0700/practice-guidelines-osteoporosis-treatment.pdf

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Pneumonia	12/16/25	CDC. (2024). Use of 21-Valent Pneumococcal Conjugate Vaccine Among U.S. Adults: Recommendations of the Advisory Committee on Immunization Practices - United States. MMWR. https://www.cdc.gov/mmwr/volumes/73/wr/pdfs/mm7336a3-H.pdf
Rheumatoid Arthritis	12/16/25	ACR. (2023). Guideline for Exercise, Rehabilitation, Diet, and Additional Integrative Interventions for Rheumatoid Arthritis. Arthritis Care Res, 75(8):1603-1615. doi: 10.1002/acr.25117. Epub 2023 May 25. PMID: 37227116.
Stroke	12/16/25	AHA/ASA. (2024). Guideline for the Primary Prevention of Stroke.
SUPD	12/16/25	ADA (2025) Cardiovascular Disease and Risk Management: Standards of Care in Diabetes—2025. https://diabetesjournals.org/care/article/48/Supplement_1/S207/157549/10-Cardiovascular-Disease-and-Risk-Management

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Mental health	12/16/25	Sadock B.J, Sadock V.A, Ruiz P. (2024). Kaplan & Sadock's Comprehensive Textbook of Psychiatry. 12th ed. Philadelphia, PA: Lippincott Williams & Wilkins. (or latest edition)
Mental health	12/16/25	APA. (2022). Text Revision (TR) to the Diagnostic and Statistical Manual of Mental Disorders, 5th Edition (DSM5-TR).
Mental health	12/16/25	APA. (2021). Professional Practice Guidelines for Evidence-Based Psychological Practice in Health Care. https://www.apa.org/about/policy/evidence-based-psychological-practice-health-care.pdf
Mental health	12/16/25	APA. (2019a). Guidelines for psychological practice for people with low-income and economic marginalization. www.apa.org/about/policy/guidelines-lowincome.pdf
Mental health	12/16/25	APA. (2019b). Race and Ethnicity Guidelines in Psychology: Promoting Responsiveness and Equity. http://www.apa.org/about/policy/race-and-ethnicity-in-psychology.pdf
Nurse practitioner practice	12/16/25	AANP. Evidence-based Nurse Practitioner practice. https://www.aanp.org/practice/practiceresources/
Nurse practitioner practice	12/16/25	Scope of practice and qualifications for New York State NP. www.op.nysed.gov/prof/nurse/np-prfnp.pdf
Primary care/geriatrics	12/16/25	McPhee, S., Papadakis, M. Rabow M.W.,McQuaid K.R., Gandhi, M. (2025). Current Medical Diagnosis & Treatment.New York: McGraw-Hill. (2024 or latest edition). The protocols used for this Adult Nurse Practitioner practice are contained in the verification of practice protocol.
Primary care/geriatrics	12/16/25	UpToDate. Evidence-based clinical decision support. www.uptodate.com/

UM Criteria	Committee Review Date	Description	URL/File Name
Interqual	12/16/25	Main UM criteria tool; includes Medicare-based subsets for review of DME, BH, and Procedures	https://prod.ds.interqual.com/service/connect/transparency?tid=3a9068ab-a1f6-47b3-b930-dee4d152596f
Care to Care	12/16/25	UM tool for review of high-tech radiology (CT scan, MRI/MRA, PET scan)	https://caretocare.cc/
DentaQuest	12/16/25	Vendor for supplemental dental services	DentaQuest-Establishment and Adoption of UR Criteria and Clinical Guidelines
Skin Substitute	12/16/25	Policy to address use of these products for Diabetic Foot Ulcers and Venous Leg Ulcers	Skin Substitute Grafts-Cellular-Tissue-Based Products for Treatment of Diabetic Foot-Venous Leg Ulcer